

# *The Leisure Connection*

*December 2010-February 2011*



**LOOK INSIDE  
FOR NEW DEPT  
& ACTIVITY  
INFO!**

The Adaptive Recreation Program, of Loudoun County Parks, Recreation and Community Services, provides a variety of recreation and leisure opportunities for individuals of all abilities and skill level. We believe that individuals of all abilities have the right, and should be given the opportunity, to choose to participate in recreation and leisure activities of their own choosing. It is our desire that participants not only have fun, but also find success and gain greater independence, while exploring new recreation and leisure interests through our innovative programming.

We look forward to assisting you with your Adaptive Recreation pursuits!

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**Registration begins on November 19th**

**Register in person, by mail, or internet**

**[www.loudoun.gov/prcs](http://www.loudoun.gov/prcs)**

# GENERAL INFORMATION



**Registration begins on NOV 19th**

**Registrations received before Nov 19th will not be processed until Nov 19th & are processed in the order they are received.**

## PROGRAM VISION

To provide individuals of all abilities with opportunities to choose participation in recreation and leisure programs, which may enhance their quality of life and foster respect for and acceptance of diversity within the community.

## PROGRAM MISSION

Our mission is to provide:

- Safe, nurturing, educational and fun environments for individuals of all abilities.
- Opportunities that foster individual growth and success.
- Partnerships with participants, families and the community in striving for new, innovative, successful and inclusive leisure and recreation

## PROGRAM IMPLEMENTATION

Adaptive Recreation staff categorize all activities by skill level in an effort to provide safe and successful activities, events, and programs for all attending participants, volunteers, and staff.

***In order to help maintain safety and success for all individuals, we ask that you carefully consider participation skill levels and choose activities according to your needs.***

**Level I:** Participants with mild disabilities who require no to minimal supervision and are independent in daily living activities.

**Level II:** Participants with mild to moderate disabilities who require minimal to moderate supervision and may require minimal to moderate assistance with daily living activities.

**Level III:** Participants with moderate to severe/profound disabilities who require moderate to one-on-one staff

## AMERICAN'S WITH DISABILITIES ACT (ADA)

Loudoun County Parks, Recreation and Community Services is committed to complying with the Americans with Disabilities Act (ADA). If you require accommodations in order to participate, please call the Program Specialist for your area of interest, at least 10 days in advance of program start date, OR the Program Coordinator for general accommodation assistance.

Contact information on next page.

TTY#: 703-771-5352



## ADVISORY BOARDS

### Special Recreation Advisory Board, Inc. (SRAB)

Volunteer board members meet to discuss events, community awareness, fundraising, advocacy and sponsorships. SRAB is open to and welcomes community involvement. For more information please contact our Program Coordinator, Maria Auger: 703-771-5013; [maria.auger@loudoun.gov](mailto:maria.auger@loudoun.gov)

**When:** 11:00AM, 3rd Tuesday monthly

**Location:** PRCS office, 2nd floor



Special Recreation Advisory Board

### Area 14 Special Olympics Council

Area 14 Special Olympics Council meets to provide support in the areas of Public Relations, Outreach, Volunteer Coordination, and more. The Council is open to and welcomes community involvement. For more information please contact our Program Specialist, Caitlin Marcotte: 703-777-0438 and visit our website:

[www.loudounspecialolympics.org](http://www.loudounspecialolympics.org).

**When:** 6:30PM, 1st Monday monthly

**Location:** PRCS office, 2nd floor



**Special Olympics**  
Virginia  
Loudoun County

### VSA arts of Virginia-Loudoun County Board of Directors

This volunteer board meets to plan future visual and performing arts events, workshops, community awareness opportunities and fundraising. VSA arts strives to promote the creative power in all people. The Board is open to and welcomes community involvement. For more information please contact our Program Specialist, Benjamin Shoenberger: 540-338-7973 and visit our website:

[www.vsalousdoun.org](http://www.vsalousdoun.org)



# GENERAL INFORMATION

**FYI:** At any time, should Adaptive Recreation staff determine that a program or activity is not in the best interest of a participant's well-being, staff will contact the participant and/or care-giver to discuss available options.

## PROGRAM REGISTRATION

You may register for programs by following one of the following options:

- In person at PRCS office: 215 Depot Court, Leesburg (2nd floor)
- Postal Mail by using the Activity Registration form found at the end of each Leisure Connection.
- Internet by using WebTrac ([www.loudoun.gov/prcs](http://www.loudoun.gov/prcs))

WebTrac Registration Instructions:

- 1) On the left sidebar-click on "WebTrac: Browse Activities / Register Online."
- 2) At the Welcome page, scroll down & click on "Browse Activities or Sign In."
- 3) Enter your User Name (our household ID#) & your password (your home telephone, with area code, no spaces or dashes) and click "Sign In."
- 4) To register for an activity, select the "Shop" option on the left sidebar & then select "Activity Registration."
- 5) Enter the 6-digit Activity Number & the 2-digit Section Number of the desired activity/program.
- 6) Select the Family Member that you wish to enroll from the "Family Member to Enroll" pull-down box.
- 7) Click on "Add to Cart" icon.
- 8) Read the Disclaimer & respond.
- 9) Next, choose "OK" to register for another activity/program (repeat from step #6) OR click on "Cancel" to proceed to checkout.

**NOTE:** If you experience difficulties with WebTrac, please call the PRCS main office 703-777-0343 for assistance.

## CANCELATION & REFUND POLICY

Our goal is to ensure quality programs. If you are dissatisfied with the quality of a class/program in which you are enrolled, you may request a refund according to the following policy:

Refund requests must be submitted in writing and include an explanation of why the participant is disappointed with the quality of the particular class/program. The written request should be dated and sent by e-mail, fax, or mail directly to the program coordinator. Only written requests will be accepted. The amount of any refund will be prorated based on the number of remaining class/program sessions.

If you need to cancel a class/program registration, and you make the request 15 or more days before the start date, a full refund, MINUS a 15% administrative fee (maximum of \$15), will be offered. If you cancel a class/program registration 14 or fewer days before the start date, a refund of 50% will be offered. Cancellation requests must be submitted in writing. The request should be dated and sent by e-mail, fax, or mail directly to the program coordinator offering the class/program.

Program Coordinator: [maria.auger@loudoun.gov](mailto:maria.auger@loudoun.gov)

## ADAPTIVE RECREATION CONTACT INFORMATION

### DIVISION MANAGER

**Aaron Hopper**

703-777-0398

[aaron.hopper@loudoun.gov](mailto:aaron.hopper@loudoun.gov)

### PROGRAM COORDINATOR

**Maria Auger**

703-771-5013

[maria.auger@loudoun.gov](mailto:maria.auger@loudoun.gov)

### PROGRAM SPECIALISTS

**Camps, Aquatics & Leisure**

**Shayle Cavalli**

703-771-5010

[shayle.cavalli@loudoun.gov](mailto:shayle.cavalli@loudoun.gov)

**Special Olympics, Outdoor  
Recreation & Leisure**

**Caitlin Marcotte**

703-777-0438

[caitlin.marcotte@loudoun.gov](mailto:caitlin.marcotte@loudoun.gov)

### VSA arts

**Benjamin Shoenberger**

540-338-7973

[benjamine.shoenberger@loudoun.gov](mailto:benjamine.shoenberger@loudoun.gov)

### ADMIN ASSISTANT

**Janet Klein**

PRCS, 2nd Floor

703-737-8042

**FAX:** 703-771-5383

## FINANCIAL SUPPORT FOR PROGRAM PARTICIPATION

For qualifying families, financial support may be available in order to help with program participation. Limited scholarships are available from the Special Recreation Advisory Board (SRAB), as well as other county entities. Please contact Program Coordinator, Maria Auger (703-771-5013) for details.

# **ADAPTED AQUATICS**

## **LOUDOUN COUNTY ADAPTED AQUATICS**



Loudoun County's Adapted Aquatics program is provided in partnership with the Joey Pizzano Memorial Fund (JPMF). Please visit [www.jpmpf.org](http://www.jpmpf.org) for more information.



### **JPMF SPLASH: Ages 5-12, All Levels**

JPMF's Make A Splash, a basic water safety program, designed to teach children with disabilities how to have fun and be safe in and around the water. One-on-one volunteers are provided to help participants stay on task during the sessions. Care provider may be asked to partner with their child if shortage of volunteers occurs. Contact Shayle Cavalli for more information.

Dates: TBA—6 weeks starting in January  
Time: TBA  
Location: Claude Moore Recreation Center, Sterling—Leisure Pool  
Fee: \$60.00  
Activity #: 241741-01

### **ADAPTED SWIM 1 & 2: Ages 5-12**

Adapted Swim class is now available in two levels, depending on your child's skill! The program's purpose is to teach children with disabilities basic swim skills, while reinforcing how to have fun and be safe in and around the water. Swim skills are assessed, taught and evaluated by a certified swim instructor. Swim Level 1 is geared toward beginning basic skills. Swim Level 2 will focus on growing the skills gained from Level 1 instruction. One-on-one volunteers are provided to help participants stay on task during the sessions. Care provider may be asked to partner with their child if shortage of volunteers occurs. Contact Shayle Cavalli for more information.

#### **Level 1 Class**

Dates: TBA—6 weeks starting in January  
Time: TBA  
Location: Claude Moore Recreation Center, Sterling—Leisure Pool  
Fee: \$60.00  
Activity #: 241742-01

#### **Level 2 Class**

Dates: TBA—6 weeks starting in January  
Time: TBA  
Location: Claude Moore Recreation Center, Sterling—Competition Pool  
Fee: \$60.00  
Activity #: 241742-02

Stay posted for news on Adapted Aquatics new Adult Aqua-Fit and Mini Aqua-Fit classes—experiencing modified fitness and conditioning through fun water exercises and games. We hope to pilot these new classes with the support of JPMF in the coming months! Contact Shayle Cavalli for more information.



**SPARE TIME BOWLING**  
(Ages 18 & up, all levels)

Relax on a Friday afternoon with bowling! This program teaches the basics of the game, promotes socialization and community awareness. Bring money for snacks. Contact Caitlin Marcotte for more information.

**Friday, December 3 and 17**

**Location:** Village Lanes, Leesburg

**Hours:** 2:30-4:30 PM

**NOTE:** If you work at ECHO & need transportation to Bowling, please report when registering. Bus departs at 2:15P from ECHO.

**Fee:** \$18.00

**Activity #** 241710-01 December 3  
241710-02 December 17

**NO transportation. ALL participants MUST be picked-up at Village Lanes.**

**MOVIE MADNESS**



No Movie Madness for Dec. Look for new & exciting Movie Madness venues and times coming in 2011!!

Please note that, in the future, Movie Madness may or may not include a meal, occur at new locations &/or at new times. We're attempting to offer new experiences and appreciate you joining us in these exciting venues!

**SRAB HOLIDAY CELEBRATION**

**SAT, Dec 4TH**  
**11:00-2:00**

**ASHBURN FIRE & RESCUE FOUNDER'S HALL**

**SEE INSERT FOR DETAILS**

**PROGRAM CONTACT:**

**Shayle Cavalli**

**703-771-5010**

[shayle.cavalli@loudoun.gov](mailto:shayle.cavalli@loudoun.gov)



**Bull Run Lights Fest!**  
(Ages 18+, all levels)

Join us for dinner and some holiday fun! We'll enjoy great food & conversation, and then mosey on over for a leisurely drive through the Bull Run Festival of Lights. Please bring at least \$25.00 for dinner. Contact Shayle Cavalli for more information.

**Thursday, December 16th**

**Location:** Centerville, VA

**Depart:** 4:00P from DCC

**Return:** 9:00P to DCC

**Fee:** \$27.00

**Activity #** 241732-01



**GMU WOMEN'S BASKETBALL GAME**  
(Ages 16 & up, Level 1)

Come cheer on the George Mason Lady Patriots as they challenge the Longwood Lancers in an exciting evening game of basketball. Dinner is not included, but bring at least \$10 for snacks. Contact Caitlin Marcotte for more information.

**Wednesday, December 22nd**

**Location:** Patriot Center, Fairfax

**Depart:** 5:45P from DCC

**Return:** 10:00P to DCC

**Fee:** \$25.00

**Activity #** 241712-01





### **SPARE TIME BOWLING** (Ages 18 & up, all levels)

Relax on a Friday afternoon with bowling! This program teaches the basics of the game, promotes socialization and community awareness. Bring money for snacks. Contact Caitlin Marcotte for more information.

**Friday, January 14 and 28**

**Location:** Village Lanes, Leesburg

**Hours:** 2:30-4:30 PM

**NOTE:** If you work at ECHO & need transportation to Bowling, please report when registering. Bus departs at 2:15P from ECHO.

**Fee:** \$18.00

**Activity #** 241710-03 January 14  
241710-04 January 28

**NO transportation. ALL participants MUST be picked-up at Village Lanes**



### **MOVIE MADNESS**

(Ages 18 & up, all levels)

Join us for cinema fun! Please be aware that we will possibly venture to new theaters, such as the Dulles IMAX, Tally Ho in Leesburg, or Frederick's Weinberg Theater. These Movie Madness activities may or may not include a meal. Specific location & details TBA. Contact Shayle Cavalli for more information.

**Saturday, January 22**

**Location:** TBA

**Depart:** TBA from DCC

**Return:** TBA to DCC

**Fees:** \$19.00

**Activity #** 241730-02



**It's 2011!**

Are you familiar with our website? Do you utilize e-mail? **We're going green in 2011... see page 5 for info!**



### **TEEN ROCK CONCERT**

**"The Immortals"!**

(Ages 14-21, Level 1 & 2)

Calling teens & young adults to rock it up with "The Immortals" — local teen musician group, who has performed at Youth-Fest, Rock the Field & were even invited to play at the Rock & Roll Hall of Fame! So, if you enjoy high energy rock & roll, then you won't want to miss out on this evening of fun! Contact Shayle Cavalli for more information.

**Saturday, January 15**

**Location:** Franklin Park Arts Center, Purcellville, VA

**Depart:** 6:15P from DCC

**Return:** TBA to DCC

**Fee:** \$23.00

**Activity #** 241726-01



### **DINNER & ARCADE**

(Ages 14 & up, Level 1)

Come out for some Friday night fun! Bring at least \$15.00 for dinner and then enjoy a night of arcade games and laser tag with friends.

Bring extra money for tokens if you want to play video games. Visit [www.dulleslasertag.com](http://www.dulleslasertag.com) and contact Caitlin Marcotte for more information.

**Friday, January 21**

**Location:** Sterling, VA

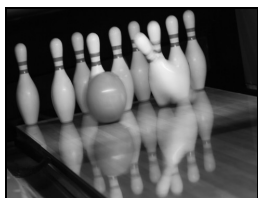
**Depart:** 6:00P from DCC

**Return:** 10:00P to DCC

**Fee:** \$37.00

**Activity #** 241715-01





## **SPARE TIME BOWLING** (Ages 18 & up, all levels)

Relax on a Friday afternoon with bowling! This program teaches the basics of the game, promotes socialization and community awareness. Please bring money for snacks. Contact Shayle Cavalli for more information.

**Friday, February 11 and 25**

**Location:** Village Lanes, Leesburg

**Hours:** 2:30-4:30 PM

**NOTE:** If you work at ECHO & need transportation to Bowling, please report when registering. Bus departs at 2:15P from ECHO.

**Fee:** \$18.00

**Activity #** 241710-05 February 11  
241710-06 February 25

**NO transportation. ALL participants MUST be picked-up at Village Lanes**



## **MOVIE MADNESS** (Ages 18 & up, all levels)

Join us for cinema fun! Please be aware that we will possibly venture to new theaters, such as the Dulles IMAX, Tally Ho in Leesburg, or Frederick's Weinberg Theater. These Movie Madness activities may or may not include a meal. Specific location & details TBA. Contact Shayle Cavalli for more information.

**Saturday, February 12**

**Location:** TBA

**Depart:** TBA from DCC

**Return:** TBA to DCC

**Fees:** \$19.00

**Activity #** 241730-03



## **GLORY DAYS** **SPORTS NIGHT** (Ages 18 & up, all levels)

Are you an avid sports fan? Join your friends at Glory Days Grill for an evening of cheering on your favorite sports teams—Capitals hockey, Wizards basketball and more. Make sure to bring at least \$25.00 for dinner and get ready to sit back and root for your team! Contact Shayle Cavalli for more information.

**Tuesday, February 8**

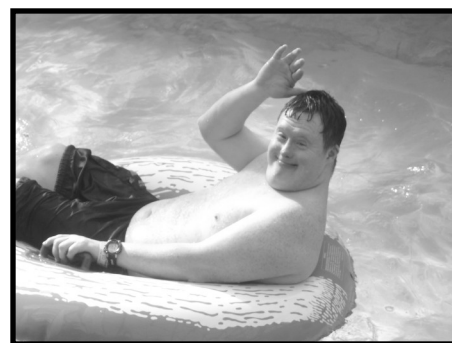
**Location:** Ashburn, VA

**Depart:** 6:30 from DCC

**Return:** TBA to DCC

**Fee:** \$12.00

**Activity #** 241724-01



## **MASSANUTTEN** **WATER PARK** (Ages 16 & up, Levels 1 & 2)

Beat the winter blues with some summertime fun! Join us at Massanutten Indoor Water Park to experience water slides, a multi-story fortress, indoor surfing, a wave pool, and much more. Visit [www.massresort.com](http://www.massresort.com) and contact Caitlin Marcotte for more information.

**NOTES:** You will need to bring \$25.00 for food. You will also need to pack a change of clothes, swim suit, water shoes, and a towel in a backpack or shoulder bag.

**Friday, February 18**

**Location:** McGaheysville, VA

**Depart:** 9:45A from DCC

**Return:** 6:00P to DCC

**Fee:** \$50.00

**Activity #** 241720-01



# Loudoun County Special Olympics—Area 14



**Special Olympics**  
**Virginia**  
Loudoun County

***“Let me win. But if I cannot win, let me be brave in the attempt.”***

Created by the Joseph P. Kennedy, Jr. Foundation



**WINTER SEASON:  
Bowling  
Basketball**

Special Olympics is a modified sports organization for individuals with intellectual disabilities. Loudoun's branch (Area 14) is a large & diverse group of athletes who participate in various sports. Teams practice seasonally, depending on the sport, and many participate in tournaments and state games.

Athletes who are currently registered with Special Olympics have received registration information by mail. All athletes must have a valid application and updated medical on file in order to participate. If you would like to join Area 14 Special Olympics, need to update your file, or for more information please contact:

**Caitlin Marcotte, Special Olympics Coordinator**

**PHONE:** 703-777-0438

**E-MAIL:** [caitlin.marcotte@loudoun.gov](mailto:caitlin.marcotte@loudoun.gov)

**Check out our website for upcoming events,  
contact information, and to download forms!**

**<http://www.loudounspecialolympics.org>**

# VSA arts of Virginia-Loudoun County



**VSA arts Virginia-Loudoun County** is a fully inclusive visual and performing arts program that provides discovery opportunities for individuals of all abilities. We focus on what you can do, your strengths and talents, and use the arts to bring out your creative best.

## DaVinci Art Program

Do you enjoy art? Come explore various art mediums through this open art forum. The program provides you with tools and staff assistance, while you provide the creativity! **FEE:** \$10.00/session.

Call Benjamin Shoenberger for locations and schedule.  
540-338-7973

**LIGHTS!  
CAMERA!  
ACTION!**  
See 2010-2011  
Season info below!!



A discarded silk top hat becomes the focus of a struggle between Professor Hinkle (a washed-up stage magician) and a group of school children after it magically brings a Frosty to life. Realizing that Frosty will melt in the spring unless he takes refuge in a colder climate, he heads for the north pole with a newly found friend. Little do these two friends know that the magician is following them, and he wants his hat back!

## REHEARSALS!

**When:** Tuesdays & Thursdays  
**Time:** 6:00P—7:30P  
**Where:** Leesburg Senior Center &  
Franklin Performing Arts Center,  
Purcellville

## PERFORMANCES!

Friday, December 10th 7:00P  
Saturday, December 11th 7:00P



What would happen if Spring was actually cancelled? No green trees, no Easter eggs, no flowers! In this new upbeat family musical, "Spring Cancelled!!," Jack Frost, along with his nasty & cold-hearted sidekicks, casts a spell to make certain that Spring, The Easter Bunny & Easter itself is cancelled. With no clue at all as to how to find Jack Frost & stop this curse, Punxsutawney Phil & The Easter Bunny turn to *The Hansel & Gretel Detective Agency* for help. Together they, along with a cast of memorable characters take a journey full of surprises, suspense, humor & fun!

## REHEARSALS!

**Starting December 14th**  
**When:** Tuesdays & Thursdays  
**Time:** 6:00P—7:30P  
**Where:** Leesburg Senior Center &  
Franklin Performing Arts Center,  
Purcellville

## PERFORMANCES!

Friday, March 4th & 11th 7:00P  
Saturday, March 5th & 12th 7:00P  
Sunday, March 6th & 13th 7:00P


**Contact Benjamin Shoenberger for VSA arts & musical information, questions, and auditions.**

540-338-7973


[benjamin.shoenberger@loudoun.gov](mailto:benjamin.shoenberger@loudoun.gov)

**Check out our website:**  
<http://www.vsaloudoun.org>

## December 2010

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3 Spare Time Bowling	4 Holiday Celebration
5	6 SO Council Meeting	7	8	9	10 VSA's FROSTY	11 VSA's FROSTY
12	13	14	15	16 Bull Run Lights Festival	17 Spare Time Bowling	18
19	20	21 SRAB Meeting	22 GMU Women's Basketball Game	23 COUNTY CLOSED	24 COUNTY CLOSED	25
26	27 VSA Board Meeting	28	29	30	31 COUNTY CLOSED	

## January 2011

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3 SO Council Meeting	4	5	6	7	8 Spec Olympics Basketball Tourn.
9	10	11	12	13	14 Spare Time Bowling	15 Teen Rock Concert
16	17 Martin Luther King, Jr. Day	18 SRAB Meeting	19	20	21 Dinner & Arcade	22 Movie Madness
23	24	25	26	27	28 Spare Time Bowling	29
30	31 VSA Board Meeting					

## February 2011

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7 SO Council Meeting	8 Glory Days Sports Night	9	10	11 Spare Time Bowling	12 Movie Madness
13	14 Happy Valentines Day!	15 SRAB Meeting	16	17	18 Massanutten Water Park	19
20	21 President's Day	22	23	24	25 Spare Time Bowling	26
27	28 VSA Board Meeting					